

30. Detmolder Herbstlauf

Ergebnisliste MW+AK Volkslauf 20km

| MWPI | Startnr. | AK | Name | Jahrg. | m/w | Verein | Zeit |
|-----------------------|----------|--------------|--------------------------|--------|-----|------------------------|---------|
| Volkslauf 20km | | | | | | | |
| w | | | | | | | |
| 1. | 359 | 1. W30 | Silvia Krull | 1978 | w | Gümi-Ausdauersport | 1:20:01 |
| 2. | 369 | 1. W40 | Nicole Bornhütter | 1969 | w | Spiridon Frankfurt | 1:30:47 |
| 3. | 336 | 1. W55 | Elfie Hüther | 1954 | w | VfB Salzkotten | 1:38:52 |
| 4. | 360 | 1. W50 | Heike Stille | 1959 | w | TV Lemgo | 1:40:35 |
| 5. | 355 | 1. W35 | Stefanie Nahen | 1973 | w | TV Jahn Bad Driburg | 1:41:36 |
| 6. | 396 | 2. W35 | Corinna Klemme | 1973 | w | LG TuS Lügde | 1:43:48 |
| 7. | 393 | 2. W40 | Gabi Kleinschmidt | 1967 | w | Laufftreff Vlotho | 1:45:45 |
| 8. | 327 | 2. W50 | Elke Althof | 1961 | w | Lauffreunde Ehberg | 1:46:06 |
| 9. | 335 | 3. W50 | Beate Rump | 1958 | w | VfB Salzkotten | 1:46:49 |
| 10. | 328 | 1. W45 | Christiane Wißbrock | 1965 | w | Lauffreunde Ehberg | 1:50:50 |
| 11. | 363 | 3. W35 | Anja Peltz | 1973 | w | Wald- und Wiesenläufer | 1:50:55 |
| 12. | 397 | 2. W45 | Annette Krüger | 1964 | w | Salzkotten | 1:55:06 |
| 13. | 387 | 3. W45 | Heidi Starke | 1966 | w | | 1:55:53 |
| 14. | 348 | 4. W45 | Marion Widany | 1965 | w | LG TuS Lügde | 1:58:13 |
| 15. | 372 | 3. W40 | Susanne Meier | 1968 | w | Göttingen | 2:06:24 |
| 16. | 305 | 1. w. Jugend | Joelle Neubacher | 1995 | w | | 2:19:35 |
| 17. | 342 | 4. W40 | Kathrin Freitag | 1967 | w | | 2:20:48 |
| m | | | | | | | |
| 1. | 392 | 1. M40 | Marcus Biehl | 1969 | m | Laufladen Endspurt | 1:08:42 |
| 2. | 350 | 1. Männer | Michael Brand | 1982 | m | Non-Stop-Ultra Brakel | 1:08:52 |
| 3. | 373 | 2. M40 | Stefan Fromme | 1967 | m | Lg Lage-Detmold | 1:12:50 |
| 4. | 356 | 3. M40 | Mathias Nahen | 1970 | m | TV Jahn Bad Driburg | 1:13:22 |
| 5. | 391 | 1. M35 | Uwe Kramp | 1973 | m | TVE Greven | 1:20:03 |
| 6. | 357 | 1. M30 | Markus Böddeker | 1977 | m | TV Jahn Bad Driburg | 1:22:20 |
| 7. | 386 | 1. M50 | Frank Walter | 1960 | m | Attenzione Donop | 1:23:22 |
| 8. | 319 | 2. Männer | Steven Bathe | 1986 | m | Runners Point Dortmund | 1:24:45 |
| 9. | 366 | 2. M30 | Ronald Ridderbusch | 1979 | m | TSV Bösingfeld | 1:24:46 |
| 10. | 367 | 3. M30 | Timon Ridderbusch | 1980 | m | TSV Bösingfeld | 1:24:48 |
| 11. | 395 | 4. M40 | Hartmut Ahrens | 1967 | m | Niehorst | 1:29:08 |
| 12. | 401 | 2. M50 | Karsten Könemann | 1957 | m | Bünde | 1:29:58 |
| 13. | 332 | 1. m. Jugend | Tim Heißenberg | 1992 | m | Lauffreunde Ehberg | 1:30:07 |
| 14. | 354 | 1. M45 | Thomas Barnitzki | 1963 | m | Hellbrenner RT | 1:30:27 |
| 15. | 334 | 3. M50 | Udo Ahring | 1961 | m | Landstreicher | 1:30:33 |
| 16. | 400 | 3. Männer | Oliver Schipper | 1986 | m | RC Endspurt | 1:31:09 |
| 17. | 385 | 2. M45 | Detlef Westerbarkei | 1964 | m | RSV Waddenhausen | 1:31:50 |
| 18. | 331 | 4. M30 | Peter Paluch | 1979 | m | Lauffreunde Ehberg | 1:32:13 |
| 19. | 300 | 5. M30 | Michael Sutton | 1980 | m | | 1:32:44 |
| 20. | 312 | 1. M55 | Gerhard Striewski | 1953 | m | Löhne | 1:32:49 |
| 21. | 329 | 4. M50 | Ralf Heißenberg | 1960 | m | Lauffreunde Ehberg | 1:34:06 |
| 22. | 307 | 5. M40 | Andreas Groth | 1968 | m | | 1:34:24 |
| 23. | 384 | 5. M50 | Stefan Knöllner | 1961 | m | Detmold | 1:34:45 |
| 24. | 399 | 6. M50 | Mathias Rooch | 1960 | m | LC Paderborn | 1:34:50 |
| 25. | 330 | 7. M50 | Friedrich-Wilhelm Althof | 1961 | m | Lauffreunde Ehberg | 1:36:35 |
| 26. | 378 | 8. M50 | Hartmut Strunk | 1957 | m | TUS 08 Brakelsiek | 1:36:38 |
| 27. | 306 | 9. M50 | Martin Sieling | 1960 | m | | 1:36:43 |
| 28. | 321 | 2. M35 | Thorsten Lungen | 1976 | m | Banana Running Team | 1:37:04 |
| 29. | 390 | 10. M50 | Ralph Lange | 1958 | m | Blomberg | 1:37:11 |
| 30. | 310 | 6. M40 | Carsten Wattenberg | 1971 | m | TV Lemgo | 1:37:30 |

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|------|----------|--------------|-------------------------|--------|-----|--------------------------|---------|
| 31. | 315 | 2. m. Jugend | Julian Plank | 1993 | m | | 1:37:42 |
| 32. | 314 | 3. M45 | Jochen Plank | 1962 | m | | 1:37:44 |
| 33. | 347 | 7. M40 | Olaf Witte | 1967 | m | Buena Vista Fitness Club | 1:37:56 |
| 34. | 333 | 3. M35 | Andre Drawe | 1976 | m | | 1:38:13 |
| 35. | 381 | 11. M50 | Ralf Rehberger | 1961 | m | Vitalschule | 1:38:36 |
| 36. | 375 | 8. M40 | Ihsan Memis | 1971 | m | Team Egger | 1:38:50 |
| 37. | 368 | 6. M30 | Christian Pfaffendorf | 1979 | m | Lemgo | 1:39:02 |
| 38. | 353 | 4. M35 | Thorsten Seemann | 1974 | m | NON STOP ULTRA | 1:39:09 |
| 39. | 325 | 4. M45 | Axel Reese | 1965 | m | TSVE 1890 Bielefeld | 1:40:19 |
| 40. | 346 | 9. M40 | Meinolf Krome | 1970 | m | Buena Vista Fitness Club | 1:40:28 |
| 41. | 341 | 5. M35 | Michael Meier | 1972 | m | | 1:40:38 |
| 42. | 361 | 1. M65 | Friedel Schäfers | 1944 | m | SV Feldrom | 1:40:49 |
| 43. | 343 | 12. M50 | Peter-Martin Cox | 1959 | m | SGS Sossenheim FFM | 1:40:56 |
| 44. | 322 | 2. M55 | August-Eric Dr.hübner | 1953 | m | | 1:42:33 |
| 45. | 362 | 6. M35 | Holger Tschentschler | 1974 | m | SV Feldrom | 1:43:00 |
| 46. | 380 | 5. M45 | Thomas Leimkühler | 1962 | m | | 1:43:06 |
| 47. | 344 | 7. M30 | Christian Jonigkeit | 1979 | m | KOMET läuft | 1:43:24 |
| 48. | 340 | 6. M45 | Johannes Schubert | 1962 | m | Twinn Team | 1:43:50 |
| 49. | 351 | 13. M50 | Dieter Meyer | 1958 | m | Laufspass SW Sende | 1:44:02 |
| 50. | 352 | 7. M45 | Martin Peschtrich | 1963 | m | Laufspass SW Sende | 1:44:04 |
| 51. | 389 | 8. M45 | Ulrich Metzner | 1965 | m | SW Brüntrup | 1:44:12 |
| 52. | 370 | 14. M50 | Reinhard Voß | 1957 | m | MTR Steinheim | 1:44:25 |
| 53. | 376 | 1. M60 | Fritz Hoffmann | 1949 | m | TUS 08 Brakelsiek | 1:44:41 |
| 54. | 318 | 10. M40 | Holger Müller | 1969 | m | Gümi Horn-Bad | 1:44:55 |
| 55. | 394 | 3. M55 | Karl-Wolfgang Seitümmer | 1953 | m | TG Lage | 1:45:08 |
| 56. | 383 | 15. M50 | Andreas Schildmann | 1960 | m | RSV Waddenhausen | 1:45:27 |
| 57. | 349 | 8. M30 | Christian Witte | 1977 | m | Blomberger Nelkenläufer | 1:46:04 |
| 58. | 316 | 11. M40 | Ralf Fromme | 1971 | m | | 1:46:08 |
| 59. | 337 | 2. M65 | Karl-Heinz Hüther | 1945 | m | VfB Salzkotten | 1:47:04 |
| 60. | 364 | 7. M35 | Andre Nikolaiczuk | 1972 | m | Fischbeck | 1:48:27 |
| 61. | 326 | 8. M35 | Eugen Schwindt | 1975 | m | | 1:48:33 |
| 62. | 388 | 16. M50 | Peter Anders | 1957 | m | TG Lage | 1:50:36 |
| 63. | 313 | 12. M40 | Ingo Gieselmann | 1971 | m | TSVE 1890 Bielefeld | 1:50:47 |
| 64. | 320 | 9. M45 | Andreas Marks | 1965 | m | U2 | 1:51:01 |
| 65. | 382 | 17. M50 | Karl-Josef Düwel | 1961 | m | Man Teou Renner | 1:51:09 |
| 66. | 302 | 10. M45 | Torsten Ohst | 1966 | m | | 1:51:41 |
| 67. | 379 | 4. M55 | Hartmut Tewesmeier | 1955 | m | TUS 08 Brakelsiek | 1:52:00 |
| 68. | 303 | 11. M45 | Bernd Neumann | 1964 | m | | 1:53:12 |
| 69. | 398 | 12. M45 | Thomas Ballay | 1963 | m | Lauffeuer Paderborn | 1:55:08 |
| 70. | 377 | 13. M45 | Friedrich Helle | 1964 | m | Lage | 1:55:26 |
| 71. | 371 | 2. M60 | Anton Dörenkamp | 1950 | m | LT Eisen-Wewer | 1:56:25 |
| 72. | 339 | 14. M45 | Udo Kindsgrab | 1966 | m | SV Ubbedissen | 1:57:39 |
| 73. | 323 | 15. M45 | Rolf Kütke | 1966 | m | TSG | 2:00:15 |
| 74. | 324 | 13. M40 | Stefan Mowitz | 1968 | m | TSG | 2:00:22 |
| 75. | 374 | 9. M35 | Thorsten Strohmeyer | 1972 | m | Bielefeld | 2:04:29 |
| 76. | 304 | 3. m. Jugend | Domenic Marx | 1992 | m | | 2:19:37 |
| 77. | 358 | 5. M55 | Michael | 1952 | m | TV 1895 Steinheim | 2:24:43 |

Anzahl Teilnehmer: 94